



ACTIVE CONTRIBUTIONS FOR  
PEOPLE & THE ENVIRONMENT



Annual Report, Fiscal Year 19 (2016-2017)

ABC – Active contributions for people and the environment is a Swedish NGO established in Lund 1998. Our work is long-term and small-scale, stems from equality and environmental awareness and has the characteristic of help to self-help. ABC works with development initiatives with focus on democracy building and sustainable development in Nepal and Sweden. Our initiatives are made possible through a close collaboration with local groups, organizations and institutions and with a strong and active membership base.

ABC is monitored by the external actor The Swedish Fundraising Control (Svensk Insamlingskontroll) and has a 90-account.

Read more about ABC's work and activities on our website [www.abcsweden.org](http://www.abcsweden.org) and take part of regular updates on our Facebook Page *ABC – Active contributions for people and the environment*.



This Annual Report concerns ABC's nineteenth fiscal year, running from first of September 2016 to 31<sup>st</sup> of August 2017. The Board of Fiscal Year 19 is responsible for the content. Copying is allowed if the source is stated.

Pictures: ABC's picture archive (if nothing else is specified).

Editing: Katrina Taylor and Julia Linder.

# A year with ABC

ABC has now ended our nineteenth year of operations. This became a year of proceeding forward by working together to create a sustainable environment and share our knowledge in all areas of the organization. A new forum for outreach and networking to other organisations and potential volunteers has been Lund's Integration Fair, which we have attended on regular basis. Vital platforms for reaching out to new members and volunteers has like usual been the information fairs connected to Lund University and the majority of our volunteers still are international students.

ABC has had a chance to collaborate with many organisations, both at home and abroad. These collaborations have once again provided chances for sharing knowledge, learning from each other's work and operations and has created new partnerships as well as continued working within our existing networks. This allowed us to broaden our horizons with new collaborations and strengthen our existing collaborations.

We have reached out to a number of local organisations to help with their activities like donating seedlings to Save the Children's flood relief, organising guided tours of our urban gardens for the Erasmus Student Network and participating in large public events in Lund like Culture Night (Kulturnatten) at Stenkrossen. Stenkrossen, City of Lund's Culture Department's house and workspace for projects within the arts, innovation and crafts, has continued to serve as a dynamic and important platform for . We have continued our collaborative tradition with Stenkrossen and the ABC Eco Pop up Café concept

In the field of Environmental Sustainability ABC is establishing a new collaboration with Clean Up Nepal. We conducted a feasibility study on the topic of waste management in Nepal and Clean Up Nepal's fantastic Zero Waste at School program.

As an organisation we also got the chance to welcome two employees from our project at Yuwalaya in Kathmandu to Skåne for an educational training trip; this gave us the chance to illustrate both how we work in Sweden and to establish new connections in Skåne as we had the opportunity to visit many organisations including but not limited Lund Youth Council, Stenkrossen and Fryshuset.

ABC has also had the opportunity to participate in life-long learning and education events through our participation as speakers at several events this year including the Innovation Summit to reach the Sustainable Development Goals.

All of this would not be possible without our amazing members and volunteers, who bring us exciting new ideas and enthusiasm for our projects! We wish to thank everyone for their hard work! Your active contributions are very inspiring and impactful! Let's keep up the good work!

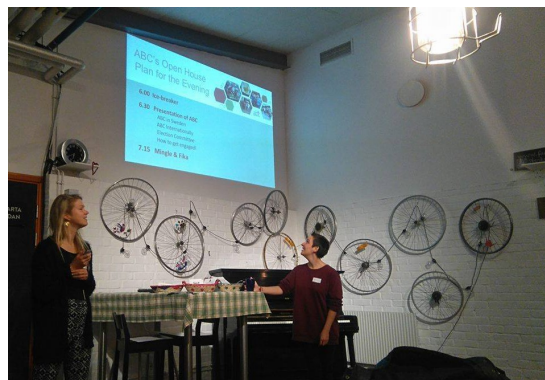
ABC's Board through Katrina Taylor, Chairperson





# Activities in Lund

ABC started the year by participating at the information fairs Student Association Fair and Hålsningsgillet for new students of Lund University, in order to share information about our local and international work. Like previous years, these forums have provided great ways for us to engage new members and volunteers. Following, we invited new and familiar faces to our Open House at The Swallows' house in Lund at the beginning of the autumn and at culture house Stenkrossen in the start of the spring. Representatives from our Board, different projects, international collaborations and working groups presented ABC's activities, working principles and work. We also served fika and snacks and opened up for mingle, discussions and brainstorm. Around twenty people attended each Open House.



Vice chairperson Gavin to the left and Activity Coordinators Katy and Judith to the right presenting ABC's work and activities

We have also continued the tradition of participating at the Alternative Christmas Market arranged by Lund's Students for Sustainability (Hållbart Universitet), this fiscal year taking place at Stenkrossen. There we sold both nature inspired crafts, teas and herbs made by our gardening groups as well as jewellery and handicrafts from Nepal. At the end of 2016, we hosted a christmas party in December to thank all our members and volunteers for an enriching and successful year. ABC provided some fika and the opportunity to create *Do It Yourself*-teabags filled with herbs from our community garden at Stenkrossen.

In April 2017, ABC hosted an interactive sprouting workshop in collaboration with Stenkrossen to learn about why, what and how to sprout. This event was particularly popular, with 25 people attending. A new concept was also launched this year by members of ABC's Activity Group, namely "Student Talks", which provided students in the environmental field the opportunity to present and discuss their research with the wider public. Furthermore, we took part in Lund's Sustainability Week in May by hosting an up-cycling workshop on *Do It Yourself*-wallets made from tetra packs and we also had a information table to inform people about ABC.



A fun ice-breaker outdoors and trying out different ways of sprouting at the Sprouting Workshop in April at Stenkrossen in Lund.



Later in the spring, the Activity Group hosted a workshop on volunteer motivation and personal resilience to find strategies to motivate both others to become active and ourselves to sustain or find motivation for engagement as well as promoting behaviours that are sustainable in relation to the environment and the planet's finite resources.

Furthermore, two of ABC's Board members were invited to speak at the workshop *Connecting Scientists to the Challenges of the Global Goals* where we presented our partnership with Nepalese NGO Clean Up Nepal and their Zero Waste School Program. Before the summer, we hosted an *End of Term Barbecue* for all ABC members and volunteers and the public at large to celebrate another successful semester.

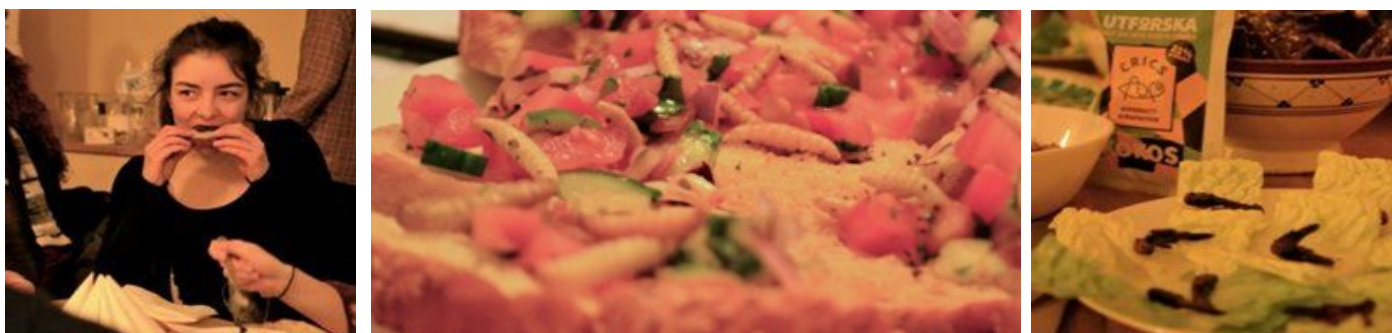
Text: ABC's Activity Group

## Workshops On Alternative Proteins in Lund

In March, ABC held a series of workshops to explore alternative proteins, community food production, and the dynamics of social change around food in collaboration with Lund's Academic Association (Akademiska Föreningen) and Lund's Students for Sustainability (Hållbart Universitet). The workshops were open to the public and explored edible insects as a low-impact, scalable alternative to animal meat protein. At the first event, the participants enjoyed a four-course ento-vegetarian meal accompanied by a short lecture and a question and answer session on entomophagy – the practice of eating insects.

Over six-legged tapenade and sauteed cricket, workshop participants learned about the overwhelming environmental impact of the current pace of animal meat consumption, and discussed the current social and practical obstacles to entomophagy in Western countries. Although some of the 70 plus participants were initially a bit skeptical, everyone at least ate something, and most dug in with gusto.

At the second workshop, participants learned how to cultivate edible insects at home. One of the great advantages of entomophagy is that the cultivation of insects is scalable, potentially empowering communities and individuals in the production of high-quality food. Over a fika of cricket crackers and coffee, participants learned about the life cycle and care of the mealworm beetle, a low-maintenance insect that is a versatile and nutritious ingredient.



A glimpse into the world of edible insects and how to integrate these proteins as part of delicious recipes.

Using recycled materials salvaged largely from food packaging, participants constructed multi-level insect farms which simultaneously accommodate several life-stages of the mealworm. These events have contributed to educating and showing the potential of a transition of entomophagy into the culinary mainstream.

Text by Gavin Lord, Workshop Coordinator



# Eco Pop-Up Café with ABC



In order to continue sharing our passion for organic and locally grown food and Fair trade products with the public, we have arranged several *Eco Pop-Up Cafés With ABC* during the past Fiscal Year. Just like last year, we have had the opportunity to host the cafés at Stenkrossen, a venue and workspace for the arts, culture and innovation. This has been done in a close collaboration with the Culture Department of the City of Lund.

During the Spring, we hosted Eco Pop-Up Cafés during Lund's *Sustainability Week* and this autumn during *Culture Night* as part of Stenkrossen's public open houses. This spring, a new collaboration was also initiated with the local division of the global dance community *No Lights No Lycra Lund*, that organise dances in a safe setting. In conjunction with a dance event at the Stenkrossen, ABC organised a vegan Eco Pop-Up Lunch that was visited by the dancing guests!

The cafés have been an appreciated meeting-place for new and existing volunteers to get to know each other and ABC's work. About twenty five volunteers from all over the world have been engaged. Organising the cafes has also been a meaningful way for ABC to raise funds for our international work. The funds generated by this year's cafés will go to ABC's collaborative project *Yumalaya* in Kathmandu, as well as the recently started cooperation with non-profit organisation Clean up Nepal.

Many thanks to the staff at Stenkrossen and to all the dedicated volunteers!

Julia Linder, Eco Pop-Up Café Coordinator

Colourful harvest from ABC's community garden and plenty of enthusiastic volunteers!



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# Ecological Footprints Information Campaign

ABC's and 'The Swallows' long-running collaboration on 'The Swallows' national information campaign on Ecological Footprints has continued this year. Three whole day *Training of Trainers* for Ecological Footprint Facilitators have been organised in Lund, two in October 2016 and one in March 2017. Julia Linder, one of our urban gardening coordinators, has been ABC's educational trainer during these trainings, providing insights regarding local actions to decrease our large ecological footprints in Sweden as well as methodology to engage children and youth in constructive discussions and games around different sustainability topics.

In total, twenty seven young adults participated at the *Training of Trainers*' sessions, who now have facilitated workshops on Ecological Footprints for middle school and high school students around the country. For more information about the campaign, please visit 'The Swallows' website [www.svalorna.org](http://www.svalorna.org).

Julia Linder, ABC's Ecological Footprint Trainer



**Svalorna**   
Indien Bangladesh

## Fair Trade Promotion & Fairtrade City Lund

During the passed fiscal year, ABC has continued to engage in promoting information and consumption of fair trade, primarily through our participation in City of Lund's Fairtrade Steering Committee. Through this platform, we have engaged in the discussion at our local community level and worked to meet common goals for the City of Lund together with actors from the municipality, political sphere, university, hospital, commercial sector, church for Fairtrade, numerous associations and unions. ABC was unable to organise a Fairtrade Ambassadors Training in English this year as there was a lack of trainers available. However, we are currently working to find other suitable trainers who can provide an ambassadors training for our organization in English during the coming years.

Katrina Taylor, ABC's Fairtrade Representative





# Urban Gardening As Community Building & Life-Long Learning



For seven years, ABC has developed methods for engaging people of all ages in urban gardening and thereby, also cultivating community. By approaching gardening by “learning by doing”, we have created open and empowering meeting-places where people of all ages and backgrounds have participated throughout this passed fiscal year. Our various urban gardening projects have continued to serve as inclusive and dynamic platforms where we have proceeded to develop and spread our methods together with members of our international community. Furthermore, like previous years we have participated in numerous public events also this year, where have spread our message that urban gardening makes people and our communities grow and thrive!

## Gardening Interns

A vital contribution this passed gardening season has been our two interns, Rufai Issifu and Joakim Sundquist, engaging in our urban gardening initiatives! We have also had the privilege to offer one person work training in a collaboration with the Swedish Employment Service (Arbetsförmedlingen) during the summer which also contributed with new ideas and energy being put into our community garden and various projects.

Rufai, a master student of Development Studies at Lund University, has taken a big responsibility for the continuous maintenance of our community garden and numerous garden installations at culture house Stenkrossen. He has also developed a model for evaluation of the gardening projects in a dialogue with ABC’s Board which is now being put into practice. Joakim, a student of urban gardening and forest gardening at Holma Folkhögskola in Höör, has together with project leader Hristo Valchev established a small-scale plant nursery and a forest garden at Stenkrossen. Joakim has also created and implemented a new concept of setting up a forest garden of three square meters in people’s private homes. This has proven to be a highly appreciated concept which also has engaged many existing and new volunteers in direct community action, setting up forest gardens in both Lund and Lomma. A warm thanks to both our interns for your valuable contributions, knowledge and dedication!



A glimpse into the world of edible insects and how to integrate these proteins as part of delicious recipes.

## ABC's Urban Gardening Training

In the month of March, we hosted ABC's Urban Gardening Training for the third year in a row at culture house Stenkrossen. Twenty five enthusiastic persons, mainly international students of Lund University, participated in the whole day training. The training included insights into ABC's gardening projects and activities, an introduction to organic gardening, permaculture, composting, pedagogical gardening and creating gardens to enhance biodiversity in the urban setting, and much more! The day also included four practical workshops, a vegetarian lunch and ice-breakers. Many thanks to everyone that participated!



Ice-breakers, going through the principles of organic gardening and enjoying a nice vegetarian lunch in the sun.

## Nordic Gardening Fair in Stockholm

In April, ABC participated in Nordic Gardening Fair in Stockholm - the leading garden fair in Scandinavia. In collaboration with FOBO - The Association For Organic-Biological Gardening, Julia Linder and Sara Nelson - authors of ABC's method book *Urban Gardening As A Democracy Building Tool* held two lectures on the topic of how to engage children and youth in the garden and in the kitchen. Thereafter, Sara performed the interactive play "The Magic of Gardening" and led a practical workshops where the gardening fair's younger visitors could try out gardening.



Sara Nelson in the play "The Magic of Gardening" and Julia Linder giving a lecture on how to engage youth in the garden.



## Gardening Workshop at City of Lund's Youth Council



During the month of May, urban gardening coordinators of ABC had the privilege of hosting an urban gardening workshop at City of Lund's Youth Council at the venue Mejeriet in Lund. The purpose of the Youth Council is to enhance youth's involvement in the "local democracy" by creating opportunities and open meeting-places for youth to do just that. The theme for the spring's Youth Council was Culture And Nature! Initially, the participants at the gardening workshops were led through an imaginary trip to different urban gardening initiatives around the globe, from roof-top gardens in New York to "sack gardens" in Nairobi. Once back in Lund again, the participants got to make pesto from edibles and nutritious weeds found in the nearby greenery. Last but not least, we created a gardening installation together by upcycling a large garbage bin on wheels. Edibles and summer flowers were planted in the installations that now is appreciated by both people and pollinators at culture house Stenkrossen.

## Sustainability Week & The Sustainability Festival in Lund 2017

The Sustainability Week of Lund is a reoccurring event where Lund University, City of Lund, local NGOs and associations and others organize a week full of activities on the theme of sustainability and sustainable development. This year, the week was organized by Sustainability Forum ("Hållbarhetsforum"), as a part of the 350 Years Jubilee of Lund University.



During the week, ABC's urban gardening projects provided an open gardening tour of the urban garden and gardening installations at Stenkrossen, as part of Stenkrossen's Sustainability Day.

The week was rounded off by a Sustainability Festival with a large fair at Stortorget in Lund and numerous workshops, activities and lectures in Lund's City Hall. ABC's urban gardening projects sold home grown plants, cultivated according to organic principles, as well as numerous Fairtrade products and our gardening method book. Former gardening coordinator Sara Nelson och Julia Linder also put on the interactive play "The Magic of Gardening" and engaged the audience in different gardening crafts.



## Urban Gardening With Children & Youth - Part of *Lov i Lund*

During the spring, ABC was asked by the coordinator of City of Lund's new holiday initiative *Lov i Lund* ("Holidays in Lund") to engage children and youth in urban gardening during the summer holiday. The purpose of the initiative is to create meaningful leisure activities and excursions for children and youth in four different residential areas of Lund that experience socio-economic challenges.

After a bit of discussion and brainstorm with different actors within City of Lund's Culture Department, it was decided that ABC's urban gardening coordinators would host workshops in Lund's City Park and also at after-school center Linerogården in Linero, east Lund. The former, as part of a the recurring event *Superfredag i Stadsparken* ("*Super Friday in Lund's City Park*") with numerous cultural activities and events taking place every Friday in July. The later workshop destination was decided as a suitable venue since ABC has many years experience of engaging children and youth in urban gardening in Linero and also know some of the staff at the after-school center.

The open urban gardening workshops we hosted stemmed around creating and building garden installations by upcycling wood pallets. The participants were engaged in carpentry, painting, and; finally, cultivating the installations with perennial and annual herbs, flowers and vegetables. We also build an insect hotel in each installation and involved the participants in various gardening related crafts.

On the days the sun was out, about 400 children attended "Super Friday in Lund" in the City Park and around 60-70 children and young people as well as 10-20 parents/caregivers participated in our four workshops. We hosted six workshops in total at Linerogården where an average of 7-15 children and youth participated each time. All actors involved were satisfied with the results from the new initiative *Lov i Lund* and we hope to see further collaboration in the future.



## Culture Night in Lund

As part of celebrating Culture Night in Lund, ABC hosted two guided tours of our garden and different installations at Stenkrossen to the public where around twenty people participated. Gardening coordinator Martin Beal also facilitated an insect hotel building workshops where people of all ages participated.



## Harvest Festival in Stadsparken

Representatives from our urban gardening projects participated at the annual Harvest Festival in Stadsparken in Lund in 23-24 of September which is expanding every year! The gardening installations that were built by children and youth of Lund during the summer - seen to the left in the picture above - were put on display and got a lot of positive feedback. Intern Joakim Sundquist sold the concept of planting a mini forest garden á three square meter to numerous visitors and perennial plants and seeds were sold to visitors. We also informed about ABC's local activities and engaged people of all ages in different gardening crafts.



Text: Julia Linder, Urban Gardening Coordinator





# Vi Odlar! Urban Gardening at Culture House Stenkrossen

Vi odlar! (We Garden!) is ABC's urban gardening project at culture house Stenkrossen in Lund. Since 2014, we have explored urban gardening as a sustainable practice, a grass-root movement and a liberating cultural expression in collaboration with City of Lund's Culture Department. During ABC's 19th year of operation, we have continued to transform the inner courtyard of Stenkrossen into an inclusive and dynamic community garden, open and accessible for all.



Busy bees watering and harvesting at Vi odlar's "bathtub garden" at culture house Stenkrossen in Lund.

## Open Gardening Sessions

During March to November, ABC's four urban gardening coordinators - Julia Linder, Hristo Valchev, Martin Beal and Johannes Loer - have hosted open gardening sessions for the larger public on a weekly basis. By encouraging a transdisciplinary, seasonal and innovative approach where problem solving is the focus, participants receive a versatile and personal experience of what it takes to grow food crops and other perennials in an environmentally sound and democratic way in the urban context. Our gardening interns Rufai Issifu and Joakim Sundquist have been present for the summer and autumn of 2017 which has been very helpful and contributed with new knowledge and ideas. Around 5-20 participants have attended each gardening session, engaging around 60-80 participants per year. Most of Vi odlar's participants have continued to be students of Lund University and we have been glad to also see the engagement of younger and older gardening enthusiasts!



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## New Projects For The Year

Since this spring meant the start of Vi odlar's fourth gardening season, we thought it was time to give the garden a bit of a make-over and advancements. Hence, we spent a large part of March emptying and cleaning out all the bathtubs in the garden and filling them with new compost soil, thanks to the help of Lund's Technical Department and staff at Stenkrossen. During the autumn of 2017, we also gave the bathtubs a facelift by painting them in colors of the rainbow.



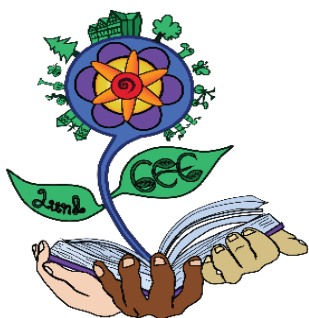
To the left: setting up the new compost system. To the right: Catherine watering the seedlings in our project office.

We also installed new lighting equipment and heating mats inside our project office at Stenkrossen in March, enabling us to pre-cultivate lots of veggies, herbs and other greens that we later on transplanted outside. Another project for the beginning of the semester was finally building a new compost system by upcycling materials such as wood pallets and waste bins. We experienced that the participants enjoyed engaging in carpentry, painting and building together and we also introduced different methods of composting into the project.

Text: Julia Linder, Urban Gardening Coordinator



# Greenhouse Educational Ecosystems (GEE)



*Hand in hand we grow sustainable communities for a greener future*

Starting as a self-organized student initiative, *Greenhouse Educational Ecosystems* (GEE) became an official project within ABC and Hållbart Universitet in January 2015. The aim of the project was to develop an innovative and educational approach to experiential learning with a focus on how to create and implement a sustainable environmental ecosystem design in open and public spaces. This is done by reorganising the outside area of the *Greenhouse Accommodation*, student housing by Stora Råby in East Lund, owned by Ove Linde and managed by Lund University, into different ecosystem elements with educational purposes. These elements include an edible garden, a bee garden, a forest garden, social zones and wildlife zones.

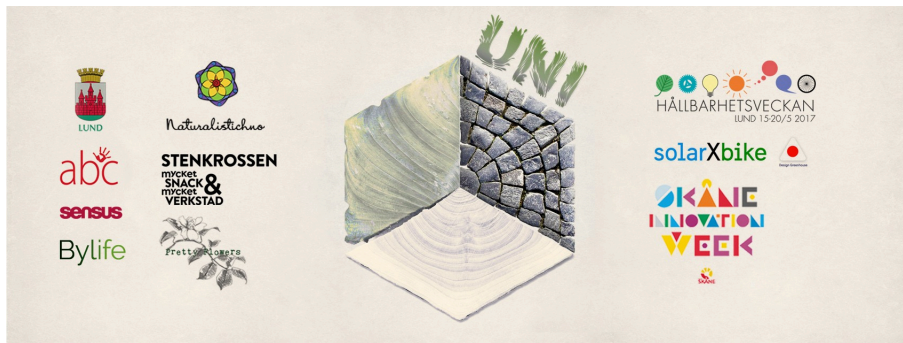
All the elements of the garden have been created with an ecosystem design from re-used and recycled materials and by combining the principles of ecological designing, permaculture, biodynamics and agroecology. Together these methods stimulate biodiversity, ecosystem services and productivity as well as create an inspiring social environment to empower the local community.

There have been regular weekend meetings and workshops organized as an open study circle in collaboration with Folkuniversitetet. In total, around 250 people between the ages of 18 to 40 have participated in GEE's activities. The project group has also hosted joint activities and events together with ABC's two other urban gardening projects Ett Grönare Lund and Vi odlar! The majority of GEE's participants have been a highly motivated group of biology and ecology students at Lund University.

During the summer of 2017, the Greenhouse accommodation owners have started to renovate the building which will continue during the autumn semester. Therefore, without any students living in the area the project can not continue to operate and will be finalised in October- November. 2017.

Hristo Valchev, Project Leader



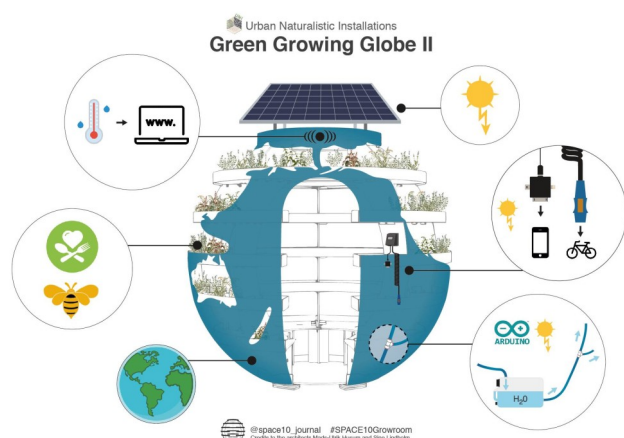


## Urban Naturalistic Installations (UNI)

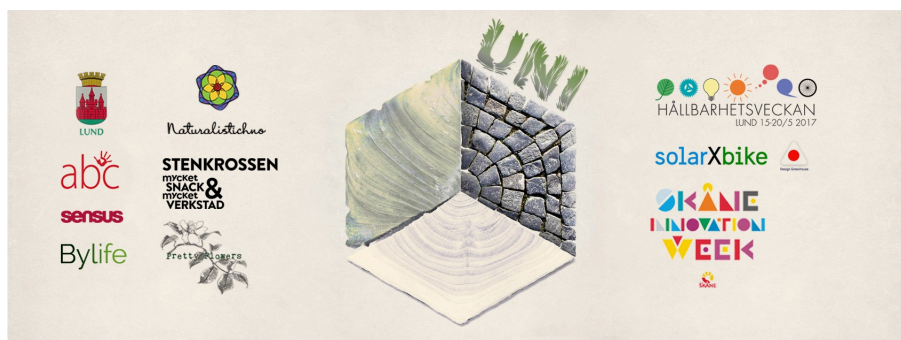
Urban Naturalistic Installations (UNI) is an environmental, integration and sustainable education project in Lund initiated during this fiscal year thanks to the many years of working with urban gardening and installations in ABC. The project is possible thanks to support from the City of Lund's Environmental Grant, the Technical Department and culture house Stenkrossen - part of City of Lund's Cultural Department.

During 2017, the UNI Project engaged the people of Lund to create three “natural installations” in central places in the city which was organized as cultural events in collaboration with our study association Sensus. These installations aim to increase biodiversity and create open meeting places and educational platforms right in the heart of Lund. The project also aims to promote ecological and ecosystem awareness and sustainable use of public spaces; provide healthy products for the well-being of Lund's residents as well as food and habitats for the pollinators – bees, bumblebees, butterflies, moths and others. The Green Growing Globe II Installation.

The Green Growing Globe II Installation is using the structure of the Growroom designed by Studio Space10. It is an Earth-shaped ecosystem smart garden which supports the ecological cultivation of different species of edible herbs, spices and greens. The plants are automatically watered by an electronic irrigation system run on renewable energy from a solar panel. The solar energy can also power bike and usb chargers. There are also weather sensors comparing the humidity and temperature inside and outside the globe. The GGG II will be temporary installation on Domkyrkoplatsten during September 2017.







## The Mandala Garden Installation

Earth's physical reality manifests in the shapes of special geometry. In the UNI Project design, we made special gardens with natural shapes. During Midsummer, we created *The Seed of Life Mandala Garden* with around six participants in the front yard of culture house Stenkrossen. It is a garden made with soil and sand and planted with many species of edible medicinal and melliferous plants, herbs and spices. The installation is now permanently located at Stenkrossen and is cared for by Vi odlar's gardening group.



## The Herbal Spiral Garden Installation

The Herbal Spiral Garden is created by ecological design and mostly with reused materials provided from Stenkrossen and City of Lund's Technical Department. The shape is following the Fibonacci sequence and the growing space is a raised bed garden that has different microhabitats which can support the cultivation of different species of edible herbs, spices and greens. Good for nature, good for us!

The Herbal Spiral was made as part of Lund's Sustainability Festival at Stortorget in May 2017 with around ten participants. It is now a permanent installation in front of Stenkrossen and is also cared for by Vi odlar's gardening group.

Hristo Valchev, Project Leader





## Yuwalaya - Youth Resource Center

### International Collaboration in Nepal

Yuwalaya is ABC's collaborative project in Kathmandu, Nepal. Our local partner Youth Action Nepal - one of Nepal's major youth organizations - and together we have established and operate a **Youth Resource Center**. This year we were given another grant by Forum Syd to continue and expand our work, which includes offering career and study mentors, psychosocial counselors and health advisors free of charge to the youth in Kathmandu. The Center conduct seminars, facilitates youth-led initiatives, has a library, and most importantly, offer resources for the youth to pursue their own interests.

The main focus this year was issues related to mental health and well-being. We provided more resources to the center to acquire musical instruments and invite more guest lectures to run workshops on psychosocial issues, mental illness, meditation, yoga and social inclusion. We also broadened our outreach to local schools to create awareness on mental health issues, especially in programs related to suicide prevention.



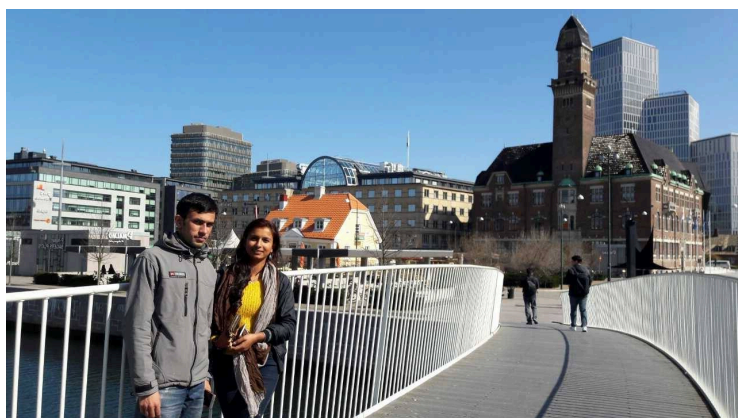
In addition to this the Center also ran activities on food hygiene and sanitation, business education, the stock market, filmmaking, photography and youth empowerment. An example of Youth initiatives were sessions organised by IT students to share their ideas and experiences, in order for them to collectively improve their skills.



During Spring 2017, we received Santosh Bhandari and Monika Bhattarai, who came all the way from Kathmandu to Skåne for an educational trip. Santosh is the project manager and Monika was the psychosocial counselor at Yuwalaya in Kathmandu. They attended a [PTSD course](#), toured [Stenkrossen](#) and met the Youth Council of Lund. They had the opportunity to visit and be inspired by the beautiful work of [Habitat Q](#) and [Fryshuset](#) in Malmö. Their training will help in the building of a stronger and more impactful resource center. The focus for the coming years is to develop new financial strategies for the center to guarantee its sustainability in order for it to continue its work.

During their visit to Sweden we also organised the Yuwalaya Photo Exhibition and conducted delightful fundraising events. At the photo exhibition we were able to see the results of a photography workshop held at the center with pictures taken by participants being displayed. This led to a new partnership with the photographer [Martin Giles](#) is now planning two workshops for Yuwalaya, next year.

Fernanda Drumond, Yuwalaya Project Coordinator



Information Technology students, from Nepal College of Information Technology (NCIT), Balkumari, Lalitpur.

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# Clean up Nepal

## International Collaboration in Nepal

ABC and Clean Up Nepal have been in discussions about collaborating and this year we were granted funds to conduct a feasibility study in Nepal for the Zero Waste at Schools Program. This is an initiative by Clean Up Nepal to engage, educate and empower students, teachers and staff at schools in Kathmandu on appropriate waste management practices. The educational programme contains five modules for students and training sessions that discuss waste management and its practices, the importance of waste segregation, the 3R's (Reduce, Reuse, Recycle), composting, and open air waste burning. Clean up Nepal is currently working with four schools of Kathmandu to address issues they face to manage their waste.

Three volunteers from the ABC Board are traveling to Nepal this year to visit three schools where the pilot study has been implemented by Clean Up Nepal; to understand the local context and learn about current waste management practices and systems in Nepal. The aim is to discuss with Clean Up Nepal possible ways to partner up and contribute to this beautiful initiative!

Fernanda Drumond, ABC's International Partnerships Coordinator



# A Warm Thanks!



To be able to make valuable and sustaining contributions, ABC is completely dependent on voluntary efforts, a strong membership base and mutual collaborations both locally and internationally. On behalf of the Board of Fiscal Year 19, we want to direct a big thank you to all our members and active volunteers who generously gave of your time, engagement, ideas and knowledge this year! Furthermore, we would like to thank all our collaborative partners, sponsors and donors who have supported and strengthened our work.:

- Akademiska Föreningen
- Anna Wolanska, graphic designer
- Bylife
- Clean up Nepal
- Domkyrkoförsamlingen, Svenska Kyrkan
- Gardening intens Rufai Issifu and Joakim Sundqvist
- Hållbart Universitet
- Fairtrade City Lund
- FOBO - Association For Organic-Biological Gardening
- Forum Syd
- Folkuniversitetet
- Fotograf Martin Giles
- Future By Lund
- Johanna Tsilkos from Pretty flowers
- Kicki Bobacka, Harvest Festival Consultant, City of Lund
- Lund's Sustainability Forum (Hållbarhetsforum)
- Magnus Persson, Lundabyggdens Revisionsbyrå
- Naturalistichno
- Nepal Mandap
- No Lights No Lycra Lund (NLNL)
- Oliwer Karlsson, Coordinator for *Lov i Lund*, City of Lund's Culture Department
- Region Skåne
- Sensefarm
- Skåne Innovation Week
- SolarXBikes
- Studieförbundet Senus
- Staff at afterschool center Linerogården
- Staff at Stenkrossen, City of Lund's Cultural Department
- Svalorna Indien Bangladesh
- Synaps, network and sustainability festival in Lund
- Technical Department, City of Lund
- The Soup Group at residential area Djingis Khan in Lund
- Youth Action Nepal



**Årsredovisning för  
ABC - aktiva insatser för  
människa och miljö**

845003-2175

Räkenskapsåret

2016-09-01 – 2017-08-31

Styrelsen för ABC - Aktiva insatser för människa och miljö får härmed avge årsredovisning för räkenskapsåret 2016–09–01 – 2017–08–31.

## **Förvaltningsberättelse**

### **1. ORGANISATION OCH SYFTE**

ABC – aktiva insatser för människa och miljö är en svensk biståndsorganisation bildad i Lund 1998, där vi fortfarande har vårt säte. Arbetet präglas av småskalighet, långsiktighet och miljömedvetenhet och utformas i relation med både lokala och internationella organisationer. Den grundläggande respekten för alla människors lika värde är centralt i ABC:s arbete. Verksamheten granskas av auktoriserad revisor, Magnus Persson.

#### **1.1 Ändamål**

ABC är en religiöst och politiskt oberoende ideell organisation vars ändamål är att främja:

- Demokrati och mänskliga rättigheter
- Informations- och opinionsbildning
- Kultur
- Miljö/Natur
- Socialt arbete/social verksamhet
- Utbildning

#### **1.2 Mål för verksamhetsåret 2016/17**

- Fortsätta driva och utveckla befintlig verksamhet för att främja ABC:s ändamål
- Att befästa och stärka ABC som en aktiv organisation i Lund och
- Utveckla organisationens verksamhet med engagemang från volontärer och att främja och möjliggöra rum för individer att göra skillnad lokalt

#### **1.3 Verksamhetsårets inriktning**

Arbetet med att främja organisationens ändamål och mål har varit fortsatt mångsidigt. Fokus och engagemang har även detta verksamhetsår lagts på lokala projekt som arbetar småskaligt med att skapa miljömedvetenhet bland unga och vuxna i Lund. Dessa projekt fortsätter att vara en betydande del i främjandet av ABC som organisation och dess engagemang som ideell förening i Lund. Genom ett fortsatt aktivt stöd av både gamla och nya medlemmar har ABC en ständig källa av energi som kan bidra till det hållbara samhälle som organisationen önskar främja – med deltagande, miljömedvetenhet och integration. ABC:s internationella arbete i Nepal har fortlöpt med målet att göra aktiva insatser för människor som befinner sig i svåra socioekonomiska förhållanden. ABC har i Sverige inriktat sig på att sprida information på våra



events om våra lokala och utländska samarbeten samtidigt som organisationen samlar in medel genom donationer och lokal försäljning av Fairtrade-produkter samt överblivna produkter från vårt nu avslutade samarbete i Indien. ABC har det senaste året effektivt förvaltat och utökat sitt existerande nätverk både bland volontärer såsom lokala företag och institutioner tack vare ett stort jobb och engagemang från de aktiva inom ABC.

## **2. FRÄMJANDET AV ABC:s ÄNDAMÅL**

### **2.1 YUWALAYA**

Yuwalaya – Youth Resource Center - är ett samarbete mellan ABC och organisationen Youth Action Nepal i Nepal med syftet att stärka/öka ungas möjligheter till inflytande samt demokratiskt deltagande. Under verksamhetsåren 2014/15 samt 2015/16 beviljades Yuwalaya två ansökningar till Forum Syd. Merparten av dessa bidrag gick till Youth Action Nepal. Ett resurscentrum - Yuwalaya Youth Resource Center - invigdes i Katmandu i mars 2015. Även under det gångna verksamhetsåret beviljades Yuwalaya sin ansökan till Form Syd. Utöver detta har Yuwalaya i Sverige arbetat med både insamling och evenemang för att fortsätta sprida kännedom om de arbete de utför som har blivit än viktigare i och med den förödande jordbävningen i Nepal som skedde i April.

#### **Ändamål**

Demokrati och mänskliga rättigheter, informations- och opinionsbildning, kultur och utbildning.

#### **Ekonomi**

Under 2016/17 beviljades Yuwalaya av Forum Syd ett bidrag på 313 000 SEK. Merparten av detta, ca 306 000 SEK, överfördes till Youth Action Nepal i maj 2017.

### **2.2 CLEAN UP NEPAL**

Clean Up Nepal är ett samarbete mellan ABC och organisationen Clean Up Nepal i Nepal med miljövårdsarbete i Katmandu i fokus. Organisationens ämnar samarbeta med lokala skolor för att sprida kunskap om bland annat hur man kan minimera avfall på skolor. Även events kommer att hållas där organisationen och volontärer ger sig ut och sprider information om deras arbete.

#### **Ändamål**

Informations- och opinionsbildning om miljövårdsarbete.

#### **Ekonomi**

Under 2016/17 beviljades Clean Up Nepal av Forum Syd ett bidrag på 43 800 SEK. Denna summa kommer att bekosta ett studiebesök i Nepal under verksamhetsåret 2017/18.

### **2.3 VI ODLAR!**

Under verksamhetsåret 2016/17 har ABC fortsatt att driva projektet Vi Odla!. Tidigare fanns en deltidsanställd projektledare men under 2016/17 har det styrts på volontärbasis. Stenkrossen är fortsatt plats för Vi Odla!s aktiviteter. Där har det fortfarande stora antalet deltagarna tillgång till den ledning, kunskap och resurser som behövs för att göra om Stenkrossens innergård till en ekologisk stadsodlingsplats.

#### **Ändamål**

Miljö/natur, utbildning, informations- och opinionsbildning.

#### **Ekonomi**

Vi Odla! har inte längre en egen öronmärkt finansiering utan finansieras som en del av ABC:s generella satsning på stadsodling och uppmärksammande av miljöfrågor.

### **2.4 GREENHOUSE EDUCATIONAL ECOSYSTEM**

GEE har sin verksamhet främst på Greenhouse utanför Lund där många studenter, både svenska och internationella, lär sig att bilda ett hållbart ekosystem i anslutning till boende. Med workshops, odling och aktivt deltagande har GEE visat att de står för värderingar som ABC delar. GEE har under verksamhetsåret 2016/17 inte varit så aktivt då boendet där GEE huserar renoverades och studenter inte bodde i anknytning till odlingen.

#### **Ändamål**

Miljö/natur, utbildning, informations- och opinionsbildning.

#### **Ekonomi**

GEE har inte en egen öronmärkt finansiering utan finansieras som en del av ABC:s generella satsning på stadsodling och uppmärksammande av miljöfrågor.

### **2.5 FRUKTSAM**

Fruktsam är ett fruktplockningsinitiativ som år 2014 blev en del av ABC. Projektets syfte har varit att upplysa Lunds lokala omgivning om fruktplockning på offentliga platser. Genom ett aktivt arbete av informationsspridning har Fruktsam på ett effektivt vis uppmärksammat det slöseri av frukt vi ser i en miljö som i Lund och dess omgivning. Fruktsam har varit fortsatt aktivt med fruktplockningsevenemang även detta år.

#### **Ändamål**

Miljö/natur, utbildning, informations- och opinionsbildning.

#### **Ekonomi**

Fruktsam fick verksamhetsåret 2015/16 ett integrationsanslag som möjliggjorde två events i September 2016. Efter det har Fruktsam inte längre en egen öronmärkt finansiering utan finansieras som en del av ABC:s generella satsning på stadsodling och uppmärksammande av miljöfrågor.



## **2.6 REGION SKÅNES FÖRENINGSBIDRAG**

Under det gångna verksamhetsåret blev ABC, precis som förra året beviljade Föreningsbidraget av Region Skåne. Detta har som mening att stödja ABC:s arbete till att främja delaktighet och integration i samhället.

### **Ändamål**

Miljö/natur, utbildning, integration, informations- och opinionsbildning.

### **Ekonomi**

Föreningsbidraget som beviljades det gångna verksamhetsåret var, likt året tidigare, på 20 000 SEK. Summan överfördes i februari 2017.

## **2.7 SÄRSKILDA INSATSER FÖR FLYKTINGAR**

Under det gångna verksamhetsåret blev två projekt, Naturalistic Art och Nature identification and Skansk Edibles, inom ABC beviljade bidrag av Lunds Kommun som en del av initiativet Särskilda Insatser för Flyktingar.

Naturalistic Art har som syfte att tillsammans med nyanlända och lokalbefolkningen skapa konst med natur och odling på allmänplats för att främja enighet och integration. Nature Identification and Skansk Edibles har som mål är att vara ett bildningsprojekt som ger kunskap om den svenska naturen till nyanlända. I september 2017 samarbetade projekten med Fruktsam och höll två events.

### **Ändamål**

Miljö/natur, utbildning, integration, informations- och opinionsbildning.

### **Ekonomi**

Projekten Naturalistic Art och Nature Identification and Skansk Edibles blev beviljade 10 000 SEK vardera till en totalsumma av 20 000 SEK. 17 000 SEK fördes över det föregående verksamhetsåret medan resterande summa, 3 000 SEK, fördes över detta verksamhetsår i december 2016.

## **2.8 CHILLA**

I de södra delarna av Indien stödjer ABC ett barnhem för barn till sexarbetande kvinnor som drivs av den icke-statliga organisationen Chilla. En viktig del i Chillas arbete är att förändra samhällets stigmatiserade syn på barnen. ABC avslutade förra året samarbetet med Chilla men har kvar att föra över de donationer man har samlat in genom åren.

### **Ändamål**

Socialt arbete, demokrati och mänskliga rättigheter, utbildning och informations- och opinionsbildning.

## Ekonomi

ABC avslutade förra året samarbetet med Chilla men har kvar att föra över de donationer man har samlat in genom åren. En överföring på ca 10 000 SEK gjordes november 2015 men dessa mottogs inte och ABC fick tillbaka pengarna januari 2016. ABC är i kontakt med Chilla för att anordna en överföring till början av det kommande verksamhetsåret.

## 2.9 INFORMATIONSSPRIDNING & OPINIONSILDNING

ABC arbetar på ett mångfacetterat vis med informationsspridning, opinionsbildning och folkbildning för att synliggöra organisationens ändamål. Under verksamhetsåret har ABC:s styrelse och medlemmar med hjälp av ett flertal projekt, initiativ och samarbetspartners arrangerat ett stort antal evenemang för allmänheten i Lund och dess omnejd för att väcka opinion och sprida information. ABC skapar engagemang, inspiration och delaktighet för att starkt främja ABC:s verksamhet och dess ändamål.

ABC har på ett tydligt vis förankrat en bas och känd profil i Lund. En ökad erfarenhet har gett ABC möjlighet att med mer erfarenhet ha en plan för kommande verksamhetsårs events. Genom ABC:s försäljning av rättvist producerade varor väcker vi opinion och driver påverkansarbete kring rättvishandel och Fair Trade.

## Ändamål

Informationsspridning och opinionsbildning.

| <b>Flerårsöversikt (tkr)</b>      | <b>2016/17</b> | <b>2015/16</b> | <b>2014/15</b> | <b>2013/14</b> | <b>2012/13</b> |
|-----------------------------------|----------------|----------------|----------------|----------------|----------------|
| Nettoomsättning                   | 426            | 366            | 950            | 837            | 575            |
| Resultat efter finansiella poster | -82            | 17             | 41             | -56            | -69            |

## Förslag till vinstdisposition

Styrelsen föreslår att till förfogande stående vinstmedel (kronor):

|   |              |
|---|--------------|
| balanserad vinst                            | 90 484       |
| årets förlust                               | -81 900      |
|   | <b>8 584</b> |
| disponeras så att<br>i ny räkning överföres | 8 584        |

Företagets resultat och ställning i övrigt framgår av efterföljande resultat- och balansräkning med noter.

## Resultaträkning

|  | Not | 2016-09-01<br>-2017-08-31 | 2015-09-01<br>-2016-08-31 |
|--|-----|---------------------------|---------------------------|
| <b>Verksamhetsintäkter</b>               |     |                           |                           |
| Medlemsavgifter                          |     | 3 120                     | 6 440                     |
| Gåvor                                    | 2   | 12 859                    | 21 333                    |
| Bidrag                                   | 2   | 394 750                   | 299 546                   |
| Nettoomsättning                          |     | 18 532                    | 45 437                    |
| <b>Summa verksamhetsintäkter</b>         |     | <b>429 261</b>            | <b>372 756</b>            |
| <b>Verksamhetskostnader</b>              |     |                           |                           |
| Ändamålskostnader                        |     | -476 800                  | -336 210                  |
| Insamlingskostnader                      |     | -6 474                    | -1 794                    |
| Administrationskostnader                 |     | -27 887                   | -17 952                   |
| <b>Summa verksamhetskostnader</b>        |     | <b>-511 161</b>           | <b>-355 956</b>           |
| <b>Verksamhetsresultat</b>               | 3   | <b>-81 900</b>            | <b>16 800</b>             |
| <b>Resultat efter finansiella poster</b> |     | <b>-81 900</b>            | <b>16 800</b>             |
| <b>Resultat före skatt</b>               |     | <b>-81 900</b>            | <b>16 800</b>             |
| <b>Årets resultat</b>                    |     | <b>-81 900</b>            | <b>16 800</b>             |



## Balansräkning

Not

2017-08-31

2016-08-31

### TILLGÅNGAR

#### Anläggningstillgångar

##### *Materiella anläggningstillgångar*

Inventarier

4

0

0

#### Omsättningstillgångar

##### *Varulager m m*

Handelsvaror

18 710

22 611

Förskott

1 487

5 487

**20 197**

**28 098**

##### *Kortfristiga fordringar*

Övriga fordringar

36

35

##### *Kassa och bank*

90 914

124 107

**Summa omsättningstillgångar**

**111 147**

**152 240**

**SUMMA TILLGÅNGAR**

**111 147**

**152 240**

## Balansräkning

Not

2017-08-31

2016-08-31

### EGET KAPITAL OCH SKULDER

#### Eget kapital

##### *Fritt eget kapital*

Balanserat kapital

90 484

73 684

Årets resultat

-81 900

16 800

**8 584**

**90 484**

#### Summa eget kapital

**8 584**

**90 484**

#### Kortfristiga skulder

Övriga skulder

48 763

46 756

Upplupna kostnader och förutbetalda intäkter

53 800

15 000

#### Summa kortfristiga skulder

**102 563**

**61 756**

### SUMMA EGET KAPITAL OCH SKULDER

**111 147**

**152 240**

## Noter

### Not 1 Redovisnings- och värderingsprinciper

#### Allmänna upplysningar

Årsredovisningen är upprättad i enlighet med årsredovisningslagen och BFNAR 2012:1 Årsredovisning och koncernredovisning (K3).

Fordringar har upptagits till de belopp varmed de beräknas inflyta.

Övriga tillgångar och skulder har upptagits till anskaffningsvärden där inget annat anges.

#### Intäktsredovisning

Intäkter har tagits upp till verkligt värde av vad som erhållits eller kommer att erhållas och redovisas i den omfattning det är sannolikt att de ekonomiska fördelarna kommer att tillgodogöras bolaget och intäkterna kan beräknas på ett tillförlitligt sätt.

Vid försäljning av varor redovisas normalt inkomsten som intäkt när de väsentliga förmåner och risker som är förknippade med ägandet av varan har överförts från företaget till köparen.

#### Anläggningstillgångar

Immateriella och materiella anläggningstillgångar redovisas till anskaffningsvärde minskat med ackumulerade avskrivningar enligt plan och eventuella nedskrivningar.

Avskrivning sker linjärt över den förväntade nyttjandeperioden med hänsyn till väsentligt restvärde. Följande avskrivningsprocent tillämpas:

|   |      |
|---|------|
| Inventarier, verktyg och installationer | 20 % |
|---|------|

#### Varulager

Varulager har värderats till det samlade nettoförsäljningsvärde på balansdagen.

#### Offentliga bidrag

Bidrag från staten redovisas till verkligt värde när det är rimligt och säkert att bidraget kommer att erhållas och företaget kommer uppfylla de villkor som är förknippade med bidraget. Bidrag avsedda att täcka investeringar i materiella eller immateriella anläggningstillgångar reducerar tillgångarnas anskaffningsvärden och därmed det avskrivningsbara beloppet.

Offentliga bidrag redovisas som intäkt då den framtida prestationen som krävs för att erhålla bidraget utförts. I de fall bidraget erhålls innan prestationen utförts, redovisas bidraget som skuld i balansräkningen. Offentliga bidrag värderas till det verkliga värdet av vad som erhållits eller kommer att erhållas.



**Not 2 Gåvor och Bidrag**

|  | <b>2016-09-01<br/>-2017-08-31</b> | <b>2015-09-01<br/>-2016-08-31</b> |
|--|-----------------------------------|-----------------------------------|
| <b>Gåvor som redovisas i resultaträkningen</b> |                                   |                                   |
| Insamlade medel, allmänheten                   | 12 859                            | 21 333                            |
|  | <b>12 859</b>                     | <b>21 333</b>                     |
| <b>Bidrag som redovisas som intäkt</b>         |                                   |                                   |
| Kommunala                                      | 81 750                            | 37 000                            |
| Forum Syd                                      | 313 000                           | 262 000                           |
|  | <b>394 750</b>                    | <b>299 000</b>                    |

**Not 3 Medelantalet anställda**

|                        | <b>2016-09-01<br/>-2017-08-31</b> | <b>2015-09-01<br/>-2016-08-31</b> |
|------------------------|-----------------------------------|-----------------------------------|
| Medelantalet anställda | 0,2                               | 0,1                               |

**Not 4 Inventarier, verktyg och installationer**

|   | <b>2017-08-31</b> | <b>2016-08-31</b> |
|---|-------------------|-------------------|
| Ingående anskaffningsvärden                     | 30 097            | 30 097            |
| <b>Utgående ackumulerade anskaffningsvärden</b> | <b>30 097</b>     | <b>30 097</b>     |
| Ingående avskrivningar                          | -30 097           | -30 097           |
| <b>Utgående ackumulerade avskrivningar</b>      | <b>-30 097</b>    | <b>-30 097</b>    |
| <b>Utgående redovisat värde</b>                 | <b>0</b>          | <b>0</b>          |

Lund den 23 november 2017

Katrina Taylor  
Ordförande



Benjamin Sjögren



Gavin Lord



Julia Linder



Jamie Bowd



Hristo Valchev

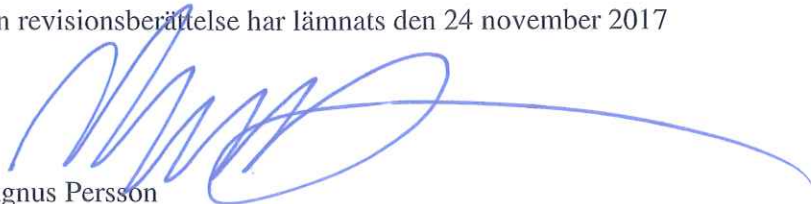


Fernanda Drumond



## Revisorspåteckning

Min revisionsberättelse har lämnats den 24 november 2017



Magnus Persson  
Auktoriserad revisor